



Saturday 23 March 2024

12:04 All Night Programme

A selection of the best RNZ National interviews and features.

6:08 Storytime (RNZ)

7:08 Country Life

Memorable scenes, people and places in rural New Zealand (RNZ)

8:10 Saturday Morning presented by Susie Ferguson

12:10 Māpuna with Julian Wilcox

Julian talks to Māori throughout Aotearoa, from sports legends, to business leaders, to artists and community advocates.

1:06 Music 101

The best songs, music-related stories, interviews, live music, industry news and music documentaries from New Zealand and the world

5:00 The World at Five

A roundup of today's news and sport (RNZ)

5:10 Focus on Politics

5:30 Tagata O Te Moana

A weekly Pacific magazine programme features New Zealand and regional Pacific news, issues, information and music.

6:06 Nashville Babylon

Mark Rogers offers the very best in Americana, alt country, folk soul and blues music (RNZ)

7:06 Saturday Night with Phil O'Brien

An evening of requests, nostalgia and musical memories (RNZ)

Sunday 24 March 2024

12:04 All Night Programme

A selection of the best RNZ National interviews and features

6:08 Storytime (RNZ)

7:10 RNZ's Podcast Hour

8:06 Sunday Morning with Jim Mora

A fresh attitude on current affairs, the news behind the news, in-depth documentaries, sport from the outfield, politics from the insiders

9:06 Mediawatch

Critical examination and analysis of recent performance and trends in New Zealand's news and media (RNZ)

9:36 Sunday Morning with Jim Mora

Sunday Morning continues

12:12 Culture 101

Perlina Lau and Mark Amery host a weekly show about creativity and culture in Aotearoa

1:30 At the Movies (RNZ)

A weekly topical magazine programme about current film releases and film-related topics (RNZ)

2:06 Culture 101 Continues

3:05 Drama (RNZ)

Highlighting radio playwriting and performance (RNZ) Including from the creative team of Duncan Sarkies, Lawrence Arabia, Stephen Templer and Jermaine Clement, we continue The mysterious secrets of Uncle Bertie's Emporium.

4:06 Kiwi Classics

RNZ Music presents a series of live concerts capturing Aotearoa's favourite musicians collaborating with New Zealand's finest orchestras

5:00 The World at Five

A roundup of today's news and sport

5:10 Arts Hour

From the BBC

6:06 Māpuna with Julian Wilcox

Julian talks to Māori throughout Aotearoa, from sports legends, to business leaders, to artists and community advocates.

7:06 Nellie's Baby

8:06 The Sunday Night Retro Show with Phil O'Brien

An evening of music and memories (RNZ)

10:15 Mediawatch

11:06 Inside Out

Monday 25 March 2024

12:04 All Night Programme

A selection of the best RNZ National interviews and features.

5:00 First Up with Nathan Rarere

New Zealand's early morning wake-up call

6:00 Morning Report with Ingrid Hipkiss and Corin Dann

RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour

9:06 Nine to Noon with Kathryn Ryan

Current affairs and topics of interest.

12:00 Midday Report

RNZ news, followed by updates and reports until 1.00pm

1:06 Afternoons with Jesse Mulligan

An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)

4:00 Checkpoint with Lisa Owen

RNZ's weekday drive-time news and current affairs programme

6:00 The Panel with Wallace Chapman

An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)

8:06 Nights with Emile Donovan

RNZ's weeknight programme of entertainment and information

8:15 Pacific Waves**8:30 It's Personal with Anika Moa****10:00 News at Ten**

A roundup of today's news and sport

10:10 Nights continues with Emile Donovan**11:04 Nashville Babylon**

Mark Rogers offers the very best in Americana, alt country, folk soul and blues music (RNZ)

Tuesday 26 March 2024**12:04 All Night Programme**

A selection of the best RNZ National interviews and features.

5:00 First Up with Nathan Rarere

New Zealand's early morning wake-up call

6:00 Morning Report with Ingrid Hipkiss and Corin Dann

RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour

9:06 Nine to Noon with Kathryn Ryan

Current affairs and topics of interest

12:00 Midday Report

RNZ news, followed by updates and reports until 1.00pm

1:06 Afternoons with Jesse Mulligan

An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)

4:00 Checkpoint with Lisa Owen

RNZ's weekday drive-time news and current affairs programme

6:00 The Panel with Wallace**Chapman**

An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)

7:30 The Sampler**8:06 Nights with Emile Donovan**

RNZ's weeknight programme of entertainment and information

8:15 Pacific Waves**10:00 News at Ten**

A roundup of today's news and sport

10:10 Nights continues with Emile Donovan**11:04 Worlds of Music**

Trevor Reekie brings you Music from the world, for the world (RNZ)

Wednesday 27 March 2024**12:04 All Night Programme**

A selection of the best RNZ National interviews and features.

5:00 First Up with Nathan Rarere

New Zealand's early morning wake-up call

6:00 Morning Report with Ingrid Hipkiss and Corin Dann

RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour

9:06 Nine to Noon with Kathryn Ryan

Current affairs and topics of interest

12:00 Midday Report

RNZ news, followed by updates and reports until 1.00pm

1:06 Afternoons with Jesse Mulligan

An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)

4:00 Checkpoint with Lisa Owen

RNZ's weekday drive-time news and current affairs programme

6:00 The Panel with Wallace Chapman

An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)

7:30 At the Movies

8:06 Nights with Emile Donovan

RNZ's weeknight programme of entertainment and information

8:15 Pacific Waves

9:30 Midweek Mediawatch

10:00 News at Ten

A roundup of today's news and sport

10:10 Nights continues with Emile Donovan

11:04 Music 101 Pocket edition

As we wrap up the highlights from Music 101, while serving up the latest in new music (RNZ)

Thursday 28 March 2024

12:04 All Night Programme

A selection of the best RNZ National

interviews and features.

5:00 First Up with Nathan Rarere

New Zealand's early morning wake-up call

6:00 Morning Report with Ingrid Hipkiss and Corin Dann

RNZ's three-hour breakfast news show with news and interviews, bulletins on the hour and half-hour

9:06 Nine to Noon with Kathryn Ryan

Current affairs and topics of interest.

12:00 Midday Report

RNZ news, followed by updates and reports until 1.00pm

1:06 Afternoons with Jesse Mulligan

An upbeat mix of the curious and the compelling, ranging from the stories of the day to the great questions of our time (RNZ)

4:00 Checkpoint with Lisa Owen

RNZ's weekday drive-time news and current affairs programme

6:00 The Panel with Wallace Chapman

An hour of discussion, featuring a range of panellists from right along the opinion spectrum, together with expert phone guests (RNZ)

7:30 Our Changing World

8:06 Nights with Emile Donovan

RNZ's weeknight programme of entertainment and information

8:15 Pacific Waves

10:00 News at Ten

A roundup of today's news and sport

10:10 Nights continues with Emile Donovan

11:04 The Mixtape

Musical guests compile a C60 (*tape*) and talk us through their selections (RNZ)

Friday 29 March 2024

12:04 All Night Programme

A selection of the best RNZ National interviews and features.

6:08 Storytime (RNZ)

7:15 Bon Appetit

Simon Morris presents a food show with a difference and gets to the bottom of some nagging questions

8:00 RNZ Feature Programming

11:10 Lost and Found from RNZ Music

An Easter episode of Lost and Found where Tony Stamp curates forgotten classics, curious cuts and unearthed musical gems from Aotearoa and beyond

1:15 The Best of RNZ Live Sessions: Anika Moa

In an RNZ Easter special, we highlight a series of live performances spanning the career of singer, songwriter and broadcaster Anika Moa

3:06 UB45

This year marks the 45th anniversary of Birmingham's UB40... one of the biggest reggae acts of all time, who have sold over 70 million records worldwide. Sam

Coley met with founding members Robin Campbell and Jim Brown, along with the band's new singer Matt Doyle, to talk about the release of their 21st studio album 'UB45'

4:15 Frank Sinatra's Australian Showdown BBC

5:15 Happy News BBC

6:15 Bon Appetit Bon Appetit

Simon Morris presents a food show with a difference and gets to the bottom of some nagging questions

7:10 Country Life

8:06 U.Me the Musical Part 1 From the BBC

9:06 Inside Out

Nick Tipping's Jazz programme

10:00 News at Ten

A roundup of today's news and sport

10:10 RNZ Drama Hour

11:04 In Concert

RNZ Music presents a series live concerts capturing Aotearoa's favourite musicians collaborating with New Zealand's finest orchestras